

STATE ADVISORY COUNCIL ON AGING
April 20, 2018
333 South Grand Ave., First Floor-Rooms K and L
Lansing, MI 48917

MINUTES

9:00 a.m. – 10:45 a.m. Joint Commission on Services to the Aging/SAC Meeting

Call to Order: Wendy White, SAC Vice Chair, called the meeting to order at 11:03 a.m. and welcomed all.

Roll Call: Kelly Cooper called roll at the CSA meeting and a quorum was present.

Present: Wendy White, SAC Vice Chairperson, Edna Albert, Alan Bond, Dennis Brieske, Charles Corwin, Sandra Falk-Michaels, Audra Frye, Victoria Laupp, Kirk Lewis, Nicolette McClure, Gerald McCole, Angie Perone, Gary Scholten, Joseph Sowmick, Joseph Sucher, Elizabeth Thompson, Teresa Vear, Susan Vick, Lillie Williams-Grays; Karen Wintringham, Daniel Young, John Zimmerman and Ex-Officio Member: Robyn Ford

Excused: Dave Caudle, Sara Damiano, Debra Johnson, Patricia Rencher, Donald Ryan, Jo Ver Beek, Julie Wetherby, and Kathleen Williams-Newell,

Absent: Mary Engelman, Ex Officio Member

Guests: Clayton Bond

Aging and Adult Services Agency (AASA) Staff present: Lauren Swanson-Aprill and Kelly Cooper

Recommended Actions:

Approval of the Agenda: Terry Vear moved to add Mileage Reimbursement and Other to the agenda with acceptance of the agenda as amended. Victoria Laupp seconded the motion. The SAC unanimously approved the draft agenda as amended.

Business/Informational Items:

SAC Application Update:

Vice Chair, Wendy White thanked those SAC members who suggested edits to the application. Feedback was also received from Commissioners Zamora and Wishart. There were a few recent additions and approvals. Once final, the SAC will be ready to move forward with the application including making it a fillable online form. Wendy asked the group if there were any comments regarding the application.

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Nicolette McClure raised questions about how long the SAC application forms should be kept. She felt that there is too much information that is kept beyond necessity and was concerned about having the information accessible. Lauren Swanson-Aprill explained that it previously read that the information would be kept for one year, which was taken out of the application to be less restrictive and that the applications received are kept in a locked cabinet.

Full discussion ensued regarding the wording of this section and how long the application should be kept on file for possible consideration:

- Angie Perone suggested having a time constraint.
- Karen Wintringham suggested a qualifier on the application as to why it is kept.
- Lauren Swanson-Aprill and Wendy White said that it is mentioned in the application instructions.
- Nicolette McClure suggested that the wording should say “your” application rather than “all”.
- Joseph Sucher wondered if there was language in the SAC Bylaws regarding how many representatives from each region should serve on SAC. Lauren Swanson-Aprill explained that this is covered by the SAC Bylaws, which were revised in May 2015 to reflect accurate representation based upon the older adult population 60+ in each region.

The SAC considered the following proposed language: “If not selected for the State Advisory Council on Aging, your application will be retained for one year.”

Teresa Vear moved to make the noted changes to the application and the motion was seconded by John Zimmerman. The motion unanimously passed.

Nominations for Next SAC Vice Chair: **Vice Chair, Wendy White** discussed that it was time to look at the bylaws and make any necessary changes. She reminded SAC members that suggesting to the CSA that the vice chair term limitation of serving two, one-year terms, consecutive or nonconsecutive be changed to *may serve three, one-year terms, consecutive or nonconsecutive*, was discussed at the last meeting. There was also previous discussion about possibly adding a co-chair. Wendy reviewed the time commitments of the vice chair that she had shared at the March meeting, which includes approximately four workgroup conference calls (one to two hours) each month as well as follow-up calls. The vice chair duties also include chair calls, taking notes, pulling the reports together, chairing the April SAC only meeting, and assisting with leading the other meetings.

Karen Wintringham asked if we amended the bylaws, would Wendy White be willing to serve a third, one-year term? Wendy White affirmed that she would be willing, but time is more crunched this year, so the idea of more support (i.e. co-chair) would also be appealing to her as her time commitments elsewhere are more.

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Karen asked what the time frame is for the CSA to review the SAC's bylaws. Lauren explained that we need to look at the bylaws between now and May as the CSA will be discussing the bylaws during their May meeting. (Lauren will send the SAC bylaws to members for review.) Teresa Vear said she feels like there's more work to do on SAC than there was previously.

Lauren Swanson-Aprill explained that in order to produce the quality reports that we have completed the past four years, it takes strong leadership and increased efforts from SAC members. We are looking at the possibly of recommending that the SAC update previous reports of issues that remain critical to Michigan's aging population instead of being assigned a major new charge and asked members what their thoughts were.

Gerald McCole asked, "Doesn't the commission have to approve?" Lauren—answered, yes, but they review SAC recommendations before deciding on the SAC charge. Elizabeth Thompson noted that the advocacy role is getting bigger as CSA and SAC are focusing on advocacy. The SAC's Direct Care Workforce report needs to be updated with current data, which would be helpful to advocacy on living wages and training and asked if we could we mesh some of the new language into the previous reports.

Further feedback was received from the SAC including that some members thought revisiting some of the reports and updating them was a good idea. In addition to updating the direct care worker report, it was suggested that the technology report should be updated and may include addressing social isolationism. Some members felt that one of the reasons to join SAC was to do something meaningful for seniors and would like to start a new charge and not take a year off from writing a comprehensive report. Another topic suggestion was researching prescription drugs and addiction. Having a statewide survey sent to the aging network on key issues from the SAC could be impactful.

After hearing feedback, one SAC member shared that she is starting to feel like the things we are doing are so important, but that our staffing (resources) are a problem. Maybe instead of not doing this because of time constraints, how could we do this more efficiently? There was concern about being able to apply information the SAC researches to assist those who cannot afford services. One member suggested that it would be helpful to receive feedback about how the SAC reports are helping our aging network. An important issue raised is that families don't know what to do with their family members and don't have the money to deal with the issues. Another member shared that health care cost containment is most successful when there is a focus of safety, exercise, and falls prevention. There is also a move from health care to make replacements (knee, hip) an overnight or outpatient procedure.

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Victoria Laupp moved to recommend to the CSA to amend the SAC bylaws to include an option for the SAC vice chair to serve a third, one-year term. The motion was seconded by **Charles Corwin**. The SAC voted unanimously in favor of the motion.

Victoria Laupp moved to recommend to the CSA to amend the SAC bylaws to include an optional co-chair may be elected. **Gerald McCole** seconded the motion. The SAC voted unanimously in favor of the motion.

Victoria Laupp moved to recommend to the CSA to amend the bylaws to allow for the creation of a co-vice chairperson to serve a limit of up to three, one-year terms, **Gerald McCole** seconded the motion. The SAC voted unanimously in favor of the motion.

BTBQ™/IMPART Trainer Training SAC Lead, Lauren Swanson-Aprill shared there is an opportunity for experienced RNs, LPNs, CNAs, PCAs, Social Workers—team of 2 to attend the BTBQ™ train-the-trainer session on June 19-21 in Grand Ledge. SAC members were encouraged to promote this opportunity in their regions and networks. Wendy White shared that she had immensely positive feedback with the workers she sent to this training and they are currently holding trainings for PCAs and completing the required teaching practicums.

Mileage Reimbursement: SAC Members shared that they had not received their mileage reimbursement from the March SAC meeting. It was determined that the process was slower this time due to the implementation of the new SIGMA payment processing system. Kelly shared that the payment processing was proceeding and that reimbursements should be available soon.

Other: Vice Chair White presented a certificate to Gary Scholten for serving three years on the SAC. She also noted the terms of service by Roy Pentilla who served two terms and Kathleen Williams-Newell who served four terms that began in 2002. They will also receive certificates of service.

Discuss Workgroup Progress: Vice Chair White shared that the workgroups have been wrapping up their reports and asked if there was anything that the workgroups need to do? Robyn Ford, Chair of Workgroup #4 indicated that she would be adding a sample list of questions that potential volunteers could ask organizations before they committed to serve. She will complete this as well as finalize the section on volunteering from home within a week or so. Workgroup #2 Chair Dennis Brieske indicated that the workgroup has completed their work and Joseph Sucher, Workgroup #3 Chair assumes they are done. Karen Wintringham, representing Workgroup #1, shared that we should be sure that non-senior volunteers are covered in the report.

Outline Plans/Timeline to Merge Workgroups' Summaries into One Report: Vice Chair White and Lauren Swanson-Aprill plan to work on merging the report together in May and they will share a draft with the SAC when it is ready.

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Brainstorm Possible Report Titles: **SAC Member, Audra Frye** said due to time constraints, she would prefer if members would email any ideas to Lauren and Audra. Audra suggested one idea: “Volunteerism is Ageless”. Angie Perone added that there should be an identifier: i.e. “Volunteerism is Ageless—a report about...” Lauren suggested: “Volunteerism is Ageless – It Spans a Lifetime”.

Wrap-up: **Vice Chairperson White** thanked everyone for attending and urged those who could to stay for the Public Hearing after lunch.

Gerald McCole moved to adjourn the meeting and **Audra Frye** seconded.
Vice Chairperson White adjourned the meeting at 12:35 p.m.

Next Meeting: The next SAC Meeting will be held:
Thursday, June 21, 2018, 9:30 a.m. to 2:30 p.m.,
Ramada Lansing Hotel and Conference Center